

Stridalzyzer

PERFORMANCE

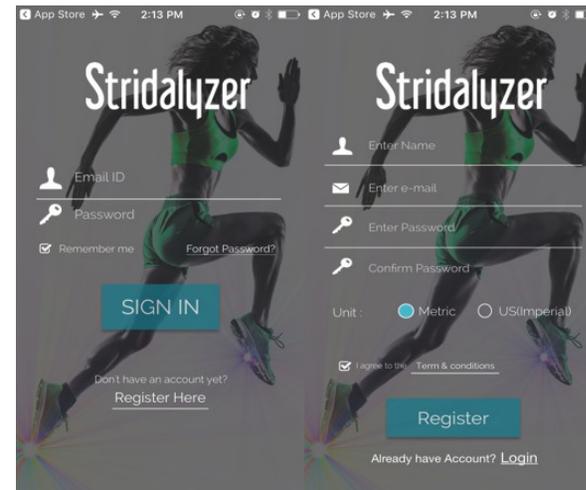
Quick-Start Guide

One Time Set Up

1. Download the Stridalzyzer app on your iOS or Android Phone from the app store.



2. Register if you are a first-time user, or log in if you already have an account.



3. Charge Insoles for 2-3 hours and disconnect charging cables carefully. The red LED will glow indicating that the device is charging. Blue LED indicating ready to be paired.



LED Indications

LED STATUS	Meaning
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Solid Blue LED	Device is idle. You can now connect the insole to your app and use it start your analysis.
Blinking Green LED	Device is connected to your App
Red LED	If battery is less than 15% then device will not connect with the app, Red LED can be seen for 2 seconds by manual button press.
No LED Glowing	Device is off.
Solid Red LED	WhenUSBis connected to the device indicates that device is charging.

Usage

1. [First Time Usage] When you receive the insoles, please RESET the insoles by pressing hard on the area marked with a WHITE spot or “RESET”. This helps restore LED functionality, which is turned off to save power while the product is in transit.
2. Start the app.
3. [First-Time Usage] Pair your insoles to the App:
 - a. Tap insoles to “Start”Bluetooth pairing process.
 - b. If insole is not pairing then press “Manual Pairing” button.



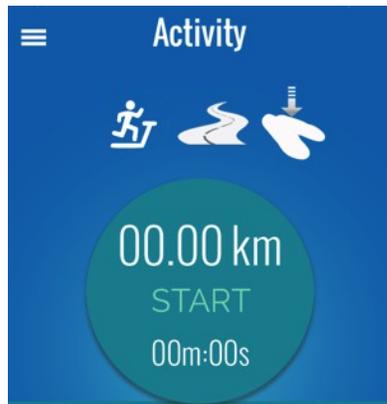
LEFTRIGHT

- c. Touch corresponding insole icon on app, to pair. Repeat for the other foot.

4. [Future Usage] Once paired, the app will look for those specific insoles, and tap the insoles and get connected automatically.

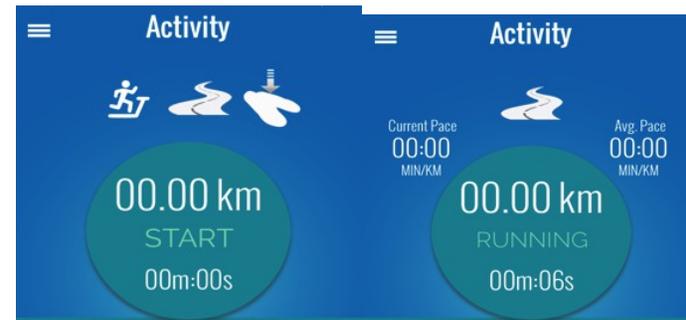


5. The insoles are now connected to the app and can be verified by checking its battery percentage displayed on top, now insert insoles into your shoes.
6. Go to the activity and select either Trail mode or Treadmill mode.



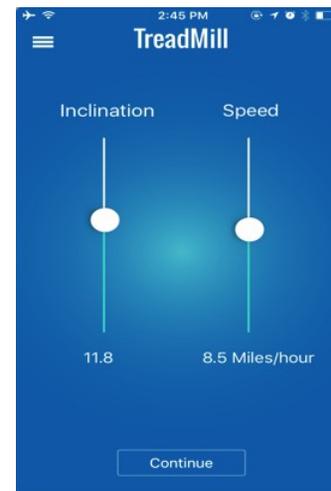
7. If **Trail mode** is selected then

- Press the “START” button on Stridalyzer App and enjoy your run.

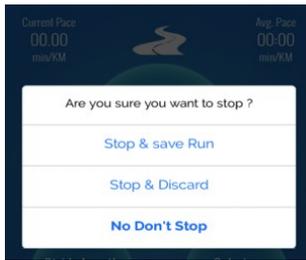


8. If **Treadmill mode** is selected then

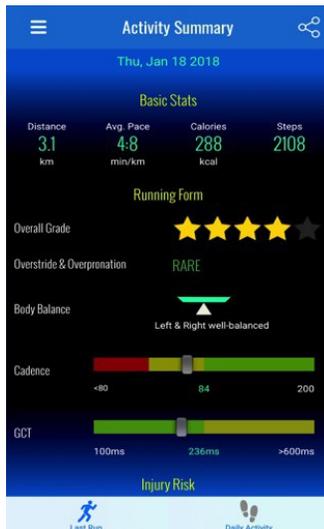
- Set the desired speed and inclination, and press “CONTINUE”.
- Press “START” and enjoy your run.



9. At the end of run, long press the center button and save your run by selecting ‘Stop & save Run’ option.



10. Get redirected to the Activity summary page of the run.



11. Detailed analysis of the run can be accessed on the web portal at <http://www.stridalyzer.retisense.com>